

2026 Lenten Prayer Calendar

February 18 – April 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>Every path towards conversion begins by allowing the word of God to touch our hearts. Lent is a welcome opportunity to heed the voice of the Lord. —Pope Leo XIV</p>		<p>ASH WEDNESDAY For you are dust, and to dust you shall return. Genesis 3:19</p>	<p>The Lord is my shepherd; I shall not want. Psalm 23:1</p>	<p>This is my commandment, that you love one another as I have loved you. John 15:12</p>	<p>Love your enemies, do good, and lend, expecting nothing in return. Luke 6:35</p>
22	23	24	25	26	27	28
<p>FIRST SUNDAY OF LENT God is our refuge and strength, a very present help in trouble. Psalm 46:1</p>	<p>Blessed are those who trust in the Lord, whose trust is the Lord. Jeremiah 17:7</p>	<p>Bless the Lord, O my soul, and all that is within me, bless his holy Name. Psalm 103:1</p>	<p>Search for the Lord and his strength; continually seek his face. Psalm 105:4</p>	<p>Your love, O Lord, reaches to the heavens, and your faithfulness to the clouds. Psalm 36:5</p>	<p>There is no fear in love. John 4:18</p>	<p>Show us your mercy, O Lord, and grant us your salvation. Psalm 85:7</p>
MARCH 1	2	3	4	5	6	7
<p>SECOND SUNDAY OF LENT Blessed is the one who comes in the name of the Lord. Matthew 21:9</p>	<p>For we walk by faith, not by sight. 2 Corinthians 5:7</p>	<p>The Lord is righteous in all his ways and loving in all his works. Psalm 145:17</p>	<p>If you forgive others their trespasses, your heavenly Father will also forgive you. Matthew 6:14</p>	<p>Show me your ways, O Lord, and teach me your paths. Psalm 25:3</p>	<p>Cast all your anxieties on him, for he cares about you. Peter 5:7</p>	<p>For nothing will be impossible for God. Luke 1:37</p>
MARCH 8	9	10	11	12	13	14
<p>THIRD SUNDAY OF LENT Trust in the Lord with all your heart. Proverbs 3:5</p>	<p>Seek the Lord and his strength, seek his presence continually. Chronicles 16:11</p>	<p>Put your hope in God. Psalm 42:5</p>	<p>Deliver me from death, O God, and my tongue shall sing of your righteousness. Psalm 51:14</p>	<p>While you have the light, believe in the light, so that you may become children of light. John 12:36</p>	<p>For even the Son of Man came not to be served but to serve, and to give his life a ransom for many. Matthew 20:28</p>	<p>Whoever is not with me is against me, and whoever does not gather with me scatters. Luke 11:23</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MARCH 15	16	17	18	19	20	21
FOURTH SUNDAY OF LENT I can do everything through Him who gives me strength. Philippians 4:13	I have come that they may have life, and have it to the full. John 10:10	You shall worship the Lord your God and him only shall you serve. Matthew 4:10	This is the day the Lord has made; let us rejoice and be glad in it. Psalm 118:24	All who exalt themselves will be humbled, and all who humble themselves will be exalted. Matthew 23:12	SOLEMNITY OF ST. JOSEPH When Joseph woke from sleep, he did as the angel of the Lord commanded him. Matthew 1:24	THE ANNUNCIATION My soul proclaims the greatness of the lord, my spirit rejoices in God my Savior, for he has looked with favor on his lowly servant. Luke 1:46-48
22	23	24	25	26	27	28
FIFTH SUNDAY OF LENT We love because he first loved us. John 4:19	For God so loved the world that he gave his one and only Son. John 3:16	Wait for the Lord; be strong and take heart and wait for the Lord. Psalm 27:14	The stone that the builders rejected has become the cornerstone. Matthew 21:42	I wait for the Lord; my soul waits for him; in his word is my hope. Psalm 130:5	Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord. Psalm 19:14	A clean heart create for me, God; renew within me a steadfast spirit. Psalm 51:12
29	30	31	APRIL 1	2	3	4
PSALM SUNDAY When I am afraid, I put my trust in thee. Psalm 56:3	Now the Son of Man has been glorified, and God has been glorified in him. John 13:32	Lord, you will open my lips; and my mouth will proclaim your praise. Psalm 51:15	So we fasted and implored our God for this, and he listened to our entreaty Ezra 8:23	HOLY THURSDAY Love your neighbor as yourself. Mark 12:31	GOOD FRIDAY No one takes it from me, but I lay it down on my own. John 10:18	HOLY SATURDAY Be still, and know that I am God. Psalm 46:10
5	EASTER SUNDAY He has been raised; He is not here. Mark 16:6		We are invited to let go of the impossible task of carrying everything on our own and to allow Christ to be the one who sustains us. It is a message of trust, surrender, and doing the will of God. —Archbishop Hicks			

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