

# 2026 Lenten Prayer Calendar

February 18 – April 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Every path towards conversion begins by allowing the word of God to touch our hearts. Lent is a welcome opportunity to heed the voice of the Lord. —Pope Leo XIV	18	19	20	21	
		ASH WEDNESDAY For you are dust, and to dust you shall return.  Genesis 3:19	The Lord is my shepherd; I shall not want.  Psalm 23:1	This is my commandment, that you love one another as I have loved you.  John 15:12	Love your enemies, do good, and lend, expecting nothing in return.  Luke 6:35	
22	23	24	25	26	27	28
FIRST SUNDAY OF LENT God is our refuge and strength, a very present help in trouble.  Psalm 46:1	Blessed are those who trust in the Lord, whose trust is the Lord.  Jeremiah 17:7	Bless the Lord, O my soul, and all that is within me, bless his holy Name.  Psalm 103:1	Search for the Lord and his strength; continually seek his face.  Psalm 105:4	Your love, O Lord, reaches to the heavens, and your faithfulness to the clouds.  Psalm 36:5	There is no fear in love.  John 4:18	Show us your mercy, O Lord, and grant us your salvation.  Psalm 85:7
MARCH 1	2	3	4	5	6	7
SECOND SUNDAY OF LENT Blessed is the one who comes in the name of the Lord.  Matthew 21:9	For we walk by faith, not by sight.  2 Corinthians 5:7	The Lord is righteous in all his ways and loving in all his works.  Psalm 145:17	If you forgive others their trespasses, your heavenly Father will also forgive you.  Matthew 6:14	Show me your ways, O Lord, and teach me your paths.  Psalm 25:3	Cast all your anxieties on him, for he cares about you.  Peter 5:7	For nothing will be impossible for God.  Luke 1:37
MARCH 8	9	10	11	12	13	14
THIRD SUNDAY OF LENT Trust in the Lord with all your heart.  Proverbs 3:5	Seek the Lord and his strength, seek his presence continually.  Chronicles 16:11	Put your hope in God.  Psalm 42:5	Deliver me from death, O God, and my tongue shall sing of your righteousness.  Psalm 51:14	While you have the light, believe in the light, so that you may become children of light.  John 12:36	For even the Son of Man came not to be served but to serve, and to give his life a ransom for many.  Matthew 20:28	Whoever is not with me is against me, and whoever does not gather with me scatters.  Luke 11:23

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY			
MARCH		15		16		17		18		19		20		21	
<b>FOURTH SUNDAY OF LENT</b> I can do everything through Him who gives me strength.  Philippians 4:13		I have come that they may have life, and have it to the full.  John 10:10		You shall worship the Lord your God and him only shall you serve.  Matthew 4:10		This is the day the Lord has made; let us rejoice and be glad in it.  Psalm 118:24		All who exalt themselves will be humbled, and all who humble themselves will be exalted.  Matthew 23:12		<b>SOLEMNITY OF ST. JOSEPH</b> When Joseph woke from sleep, he did as the angel of the Lord commanded him.  Matthew 1:24		<b>THE ANNUNCIATION</b> My soul proclaims the greatness of the lord, my spirit rejoices in God my Savior, for he has looked with favor on his lowly servant.  Luke 1:46-48			
22		23		24		25		26		27		28			
<b>FIFTH SUNDAY OF LENT</b> We love because he first loved us.  John 4:19		For God so loved the world that he gave his one and only Son.  John 3:16		Wait for the Lord; be strong and take heart and wait for the Lord.  Psalm 27:14		The stone that the builders rejected has become the cornerstone.  Matthew 21:42		I wait for the Lord; my soul waits for him; in his word is my hope.  Psalm 130:5		Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord.  Psalm 19:14		A clean heart create for me, God; renew within me a steadfast spirit.  Psalm 51:12			
29		30		31		APRIL 1		2		3		4			
<b>PSALM SUNDAY</b> When I am afraid, I put my trust in thee.  Psalm 56:3		Now the Son of Man has been glorified, and God has been glorified in him.  John 13:32		Lord, you will open my lips; and my mouth will proclaim your praise.  Psalm 51:15		So we fasted and implored our God for this, and he listened to our entreaty  Ezra 8:23		<b>HOLY THURSDAY</b> Love your neighbor as yourself.  Mark 12:31		<b>GOOD FRIDAY</b> No one takes it from me, but I lay it down on my own.  John 10:18		<b>HOLY SATURDAY</b> Be still, and know that I am God.  Psalm 46:10			
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<b>EASTER SUNDAY</b> He has been raised; He is not here.  Mark 16:6		<div><div><div>We are invited to let go of the impossible task of carrying everything on our own and to allow Christ to be the one who sustains us. It is a message of trust, surrender, and doing the will of God. —Archbishop Hicks</div></div><div></div></div>													



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Catholic Charities of the Archdiocese of New York  
 488 Madison Avenue, Third Floor, New York, NY 10012  
 646-794-2411 • [CatholicCharitiesNY.org](https://CatholicCharitiesNY.org)